GENERAL INFORMATION SHEET

IAU 50KM World Championship

WMA 50KM World Championship



New Delhi, India 7 December 2025

> Version 2.0 Final July 1st 2025

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1. INDIA ON THE WORLD MAP

India is the world's largest democracy known for its diverse culture and blend of spirituality and technology. Indian movies, music, and spiritual teachings are now getting quite popular across the globe.

It is the seventh-largest country by area, the second-most populous country in the world.



Though the country's population remains largely rural, India has three of the most populous and cosmopolitan cities in the world—Mumbai (Bombay), Kolkata (Calcutta), and Delhi. Three other cities—Bengaluru (Bangalore), Chennai (Madras), and Hyderabad—are among the world's fastest-growing high-technology centres, and most of the world's major information technology and software companies now have offices in India.

NEW DELHI

New Delhi, the capital city of India and part of the National Capital Territory of Delhi

(NCT), serves as the seat of the Indian government. It hosts the President's residence (Rashtrapati Bhavan), Parliament, and the Supreme Court. Planned and built during British rule in the early 20th century, New Delhi has a population of around 9.4 million people. It is situated at an altitude of approximately 216 meters (709 feet) above sea level.

Things to do in New Delhi.

https://www.viator.com/en-IN/New-Delhi/d804

We would advise you to have a couple of extra days to travel to Agra and visit the world famous Taj Mahal or to Rishikesh – The Yoga capital of India

2. WELCOME



Dear Friends,

I would like to welcome you all to the IAU 50km World Championships in New Delhi, India.

India has become one of regular stops on the ultrarunning championships calendar. The development of ultrarunning, the growth of the discipline and overall popularity of the sport has been incredible in the country.

This has been in a huge part due to the continued support of the Athletics Federation of India (AFI). I would like to thank Bahadur Singh Sagoo, the current President of AFI, and Adille Sumariwalla, the former President of AFI and VP of World Athletics. Their support has tremendously helped with the growth of the sport in the region.

I would also like to thank Nagaraj Adiga and his team at NEB Sports for hosting multiple championships and giving athletes a solid platform to run on the continental and international platforms. With this current application they have solidified a three-edition home for the 50km World Championships.

I would like to take this opportunity to invite athletes and federation to this marquee event on the IAU calendar. You will get to experience not only a world class event but also witness Indian hospitality. The memories you take back will last a lifetime.

Welcome to India's Capital!

Nadeem Khan – President – IAU



Welcome to the World Masters 50k Championships which are embedded in the 5th IAU 50K World championships. World Masters Athletics (WMA) invites you together with the International Association of Ultrarunners (IAU) and the Athletics Federation of India (AFI) to the first of a three-edition series of the 50km World Championships in the capital of India. Discover the exciting and vibrant capital of India in combination with participation in a World Championship.

These championships are a win-win situation for the athletes and our organisations: IAU, responsible for the Ultra running competitions in the world, and WMA, responsible for world masters' competitions in athletics are offering to the athletes the opportunity of competing in 5 years age groups on an international level. Together with WMA Vice President Competition Alan Bell I thank IAU President Nadeem Khan and his team for successful cooperation for many years.

Thanks to the commitment of the Athletics Federation and of NEB Sports, India has become an esteemed stronghold of ultra running in the last years. On behalf of the athletes, we sincerely thank our hosts, the President of the Athletics Federation of India, Mr. Bahadur Singh Sagoo, and Mr. Nagaraj Adiga with the wonderful team of NEB Sports, for the great support you give to all athletes all the time and in so many ways.

I wish to all athletes and guests that you enjoy athletics, friendship and new experiences in the Ultra running family! Let us celebrate together this special day. On behalf of the WMA Council.

Margit Jungmann

President of World Masters Athletics



It gives me great pleasure to welcome you to India!

It is a privilege for me to be, as President of the Athletics Federation of India, the host of the IAU 50KM World Championships 2025 in India. It is a historic moment, and I am glad that we will be able to mark it through one of the youngest and most dynamic athletic disciplines: *ultrarunning*.

We must not forget that this championship would have never been accomplished without the help and implication of the Ministry of Sports and Youth and Sports Authority of India. All of them were excited and enthusiastic to organize this world championship and support every step of the organization.

To the best ultrarunners of the moment: Welcome and may you have a great race! I hope that you will spend wonderful days in New Delhi, marked by friendship and sportsmanship!

Bahadur Singh Sagoo, President of the Athletics Federation of India



It gives me great pleasure to welcome you in the Capital of India – New Delhi, the town that combines the most interesting and beautiful things India has to offer!

The IAU 50KM World Championships 2025 will be another feather in our cap. We, at NEB Sports have been organizing sports events for over a decade and enjoy the sportsmanship we see at events. I assure you of a great experience as you compete in your respective categories.

Do make time to visit local attractions as Delhi has a lot to offer to tourists be it historical destinations like India Gate, Jantar Mantar, local parks, local markets, shopping, temples and more – and if you have time, please try to visit some of the many beautiful sites in our vast country.

Nagaraj Adiga, Race Director and CMD, NEB Sports

Area Representative Asia & Oceania – IAU

Chairman, Ultra & Trail Running, Selection Committee - AFI

3. LOCAL ORGANIZING COMMITTEE (LOC)

	Name	E-mail	Telephone
			number
LOC President	Sandeep	contact@nebsports.in	+919206265087
	Mehta		
Race Director	Nagaraj Adiga	adiga@nebsports.in	+9199845244844
Communication	Cauvery	ultrarunning@nebsports.in	+919206265087
Director	Adiga		
Accommodation	Sunanda	suna.s@nebsports.in	+919148574031
& Transport	Umesh	umesh@nebsports.in	+919900249105
Director	Poojari		
Treasurer	Umesh	umesh@nebsports.in	+919900249105
	Poojari		
Medical Director	Reeth	reeth@nebsports.in	+919206265087
	Abraham		
VIP Hospitality	Umesh	umesh@nebsports.in	+919206265087
	Poojari		
Technical	Sunil Shetty	Sunil.shetty@nebsports.in	+919833966208
Director			
Accreditation	Reeth	reeth@nebsports.in	+919206265087
	Abraham		

4. ATHLETICS FEDERATION OF INDIA

Office	Office Bearers					
No	Name	Position	e-mail			
1	Mr. Bahadur Singh Sagoo	President	president@indianathletics.in			
2	Ms. Anju Bobby George	Sr. Vice	anjubgeorge@gmail.com			
		President				
3	Mr. Abu Metha	Vice President				
4	Ms. Jayant Malla Baruah	Vice President				
5	Mr. A.K. Sharma	Vice President				

5. INTERNATIONAL ASSOCIATION OF ULTRARUNNERS

IAU PRESIDENT

Name: Nadeem Khan E-mail: <u>nadeem.khan@iau-ultramarathon.org</u> Mobile: +1 716 392 6657

IAU VICE PRESIDENT, PROTOCOL

Name: Robert Boyce E-mail: <u>robert.boyce@iau-ultramarathon.org</u> Mobile: +61 417 557 902

IAU GENERAL SECRETARY

Name: Hilary Walker E-mail: <u>secretary@iau-ultramarathon.org</u> Mobile: +44 7884 473 336

IAU DIRECTOR OF COMMUNICATION, PROJECT COORDINATOR

Name: Jacek Bedkowski E-mail: jacek.bedkowski@iau-ultramarathon.org Mobile: +41 762 691 250

IAU DIRECTOR OF PLANNING

Name: Francisco Sanchez-Rico E-mail <u>paco.rico@iau-ultramarathon.org</u>

IAU DIRECTOR OF COMPETITION, TEHNICAL COORDINATOR

Name: Andre Mingneau E-mail <u>Andre.Mingneau@iau-ultramarathon.org</u>

6. WORLD MASTERS ATHLETICS

WMA Council

Website: https://world-masters-athletics.org/

President

Name: Margit Jungmann (GER) Email: <u>Margit.Jungmann@world-masters-athletics.org</u>

Executive Vice President

Name: Lynne Schickert (AUS) E-mail: <u>lynne.4@bigpond.com</u>

Vice President of Competition

Name: Alan Bell (GBR) E-mail: <u>alan.bellstart@btinternet.com</u>

Treasurer

Name: Colleen Barney (USA) Email: <u>Colleen.Barney@world-masters-athletics.org</u>

World Athletics Representative

Name: Antti Pihlakoski (FIN) E-mail: <u>antti.pihlakoski@cm.worldathletics.org</u>

Secretary

Name: Juan Ordonez (MEX) E-mail: <u>secretary@world-masters-athletics.org</u>

7. GENERAL COMPETITION INFORMATION

Start time: 4:00 AM India Standard Time (IST) on 7 December 2025 Finish time: 10:00 AM India Standard Time (IST) on 7 December 2025 Time Limit: 6 hours Race venue: JLN Stadium, New Delhi The course: 5 km loop

Competitions:

- I. IAU 50 km World Championships
 - Individual competition Women
 - Individual competition Men
 - Team competition Women
 - Team competition Men
- II. WMA 50 km World Championships (5 years age categories).
 - Individual competition Women
 - Individual competition Men
- III. Open Race

I. IAU 50 KM WORLD CHAMPIONSHIPS

Only athletes and team's official entered by their National Federation can compete in the 2025 IAU 50KM World Championships. Every Country can send a maximum of 9 men and 9 women who can compete in this 2025 IAU 50KM World Championship. However, only 6 men and 6 women can run in the team event. The remaining athletes will participate in the individual championships only.

PRELIMINARY ENTRY FORM (PEF) AND FINAL ENTRY FORM (FEF)

DEADLINE FOR PRELIMINARY ENTRY FORM (PEF): September 14th 2025

In order to book the accommodation, each Federation will send:

- A list with the number of athletes and officials.
- Arrival and departure dates.
- Required numbers of rooms and their typology (single, twin).
- Required numbers of nights.

Every country can send 9 men and 9 women athletes and can nominate one nontravelling reserve for each team in case of late withdrawal. For the teams' results, the delegations will be ranked according to the addition of the performances of their 3 best athletes.

Maximum number of officials:

- 1-6 athletes 3 officials
- 7-12 athletes 6 officials
- 13-18 athletes 9 officials

In addition, the following information must be sent:

- > Billing information
- > Federation name
- > Federation address and contact details
- ➤ Country

DEADLINE FOR FINAL ENTRY FORM (FEF): October 12th 2025

With the final entry form, each Federation will send the final list with the names of their athletes, dates of birth, gender and their personal bests. Each Federation will also inform the LOC about arrival and departure times, flight numbers, train or bus times, required number of rooms and their typology and required number of nights.

The forms must be sent via email to both this email addresses with subject "2025 IAU 50K_WC PEF/FEF -<u>Federation Code</u>":

LOC: ultrarunning@nebsports.in

IAU: secretary@iau-ultramarathon.org

Please note that the accommodation and transfer offers made by the LOC are conditional on the prompt receipt of the entry forms and payment within the deadlines.

<u>Please note that the WMA entry is referenced below and requires separate</u> registration.

COMPETITION

The START and the FINISH of the competition is in front of JLN Stadium, New Delhi

The course is 5 km loop. Start and finish line near the JLN Stadium, New Delhi. The course will be officially measured by an A grade WA/AIMS measurer and all performances will therefore be recognized by AFI, IAU and WA.

The LOC will provide security at the venue for the participants and officials.



Course map is provided below.

Pictures from the course



Refreshment points:

- National Teams & WMA athletes tents at designated areas near Start/Finish line
- General refreshment point at start/finish area
- Water and isotonic drink station located along the route / close to turn point

Refreshment Indicative Menu:

Local hot dishes, Fresh Fruits, Bread, Sandwich, Biscuits, Chocolate, Coffee, Tea, Water, Energy Drink, Colas...

Athletes are required to bring and use their own reusable cups, as there will be no separate cups available at the aid stations. <u>Alternatively, personal bottles are permitted.</u>

II. WMA ENTRY

Entry Requirements and Procedure for WMA only.

General Rules

The 2025 World Masters Athletics 50 km Championships in New Delhi, India, ("Championships") will be held under the regulations of World Athletics as modified for Masters by World Masters Athletics ("WMA") via their Competition Rules and any other special rules specified for this competition.

The championships for masters will be held under WMA rules. Athletes must wear the recognised national uniforms as approved by their athlete`s home federation. WMA rule 5.1 will be strictly enforced.

During the Championships, each athlete will represent a country, and each country has a national Masters athletics organization that is a member of WMA ("National Organization"). Note: if you are unable to locate your National Organization, please e-mail the WMA Secretary at <u>secretary@world-masters-athletics.org</u>

Eligibility Requirements

The Championships are open only to men and women who are age 35+ (born on or before 7 December 1990) and who are physically fit. Entering the Championships does not require any specific level of performance but the race will have a closing time of 6hours.

An athlete must be a citizen of the country they will represent, or they must be a resident of that country for a minimum of 3 years. If an athlete has represented a different country at a previous WMA World Championship or Regional Championship, they must have change-of-allegiance paperwork on file with WMA at least 30 days before the registration deadline.

All athletes must meet the requirements of WMA and their National Organization, and they must have their registration accepted by their National Organization in order to be eligible to participate in the Championships. It is each athlete's responsibility to ensure that they understand and meet all the requirements prior to registering for the Championships. An athlete's National Organization has the right to reject registrations of athletes whom they consider ineligible or who do not meet their requirements.

Submission of a registration signifies that the athlete agrees to follow the rules laid down by WMA and the technical and organizing committees. WMA has the right to reject registrations of athletes whom they consider ineligible or who do not meet WMA's requirements.

Age Groups

Individual events are divided into age groups as shown below:

- Men & Women 35: Born from 8 December 1985 to 7 December 1990
- Men & Women 40: Born from 8 December 1980 to 7 December 1985
- Men & Women 45: Born from 8 December 1975 to 7 December 1980
- Men & Women 50: Born from 8 December 1970 to 7 December 1975
- Men & Women 55: Born from 8 December 1965 to 7 December 1970
- Men & Women 60: Born from 8 December 1960 to 7 December 1965
- Men & Women 65: Born from 8 December 1955 to 7 December 1960
- Men & Women 70: Born from 8 December 1950 to 7 December 1955
- Men & Women 75: Born from 8 December 1945 to 7 December 1950
- Men & Women 80: Born from 8 December 1940 to 7 December 1945
- Men & Women 85: Born from 8 December 1935 to 7 December 1940
- Men & Women 90: Born from 8 December 1930 to 7 December 1935
- Men & Women 95: Born from 8 December 1925 to 7 December 1930
- Men & Women 100+: Born on or before 7 December 1925

General Entry Information

Entry into the Championships consists of two main parts:

<u>1. Registration</u>

Athletes may register online only. All registrations must include full payment to be considered valid. **The registration deadline is 12 October 2025.** No registrations will be accepted after the registration deadline.

• Registration form: <u>https://www.simplyregister.net/register/?e=128041</u>

<u>2. Validation</u>

All registrations are subject to validation by each athlete's National Organization. National Organizations will confirm the athlete's date of birth, citizenship and/or residential qualifications, and other relevant requirements. After an athlete's registration has been validated, its status will display as "accepted" on the list of registrations on the Championships website. National Organizations may also reject registrations of athletes whom they consider ineligible or who do not meet their requirements.

Validation is a manual process that each National Organization completes, so there will be some time (days or weeks) between when an athlete submits their registration and when it is validated. Athletes who have questions about the status of their registration or about the requirements for their country should contact their National Organization. For athletes who represent a country that is not a WMA Member Country, their registrations will be subject to the approval of the WMA Council.

Registration Fees

- Registration Fee: 100 Euro
- Country-specific team fee: varies by country

No refunds are available. All fees are registration fees, not participation fees, and there are no refunds for any reason.

Online Registration Procedure

1. Complete the online registration form prior to the registration deadline

2. Submit payment by credit card (Visa or Mastercard) at the end of the registration process

3. Save and/or print the confirmation screen for your records

4. Send a copy of your birth certificate to your National Organization for validation purposes if you have not already done so in the past, and meet any other requirements set forth by your National Organization

5. Your National Organization will complete the validation process for your registration

National Organization Requirements

WMA requires that each National Organization validate all of its country's registrations electronically via the online entry system. WMA will accept only those athletes whose registrations have been validated by National Organizations. Payment is required at the time registrations are submitted. If for some reason a National Organization is unable to pay online, it must request an exemption from WMA. If the exemption is granted, the National Organization will be provided with details about how to pay offline. The National Organization will still be required to input registrations into the online entry system and to validate its registrations electronically. All registrations must be submitted online and paid no later than 12 October 2025. Any registrations for which WMA has not received payment by this deadline will be cancelled, and those athletes will be ineligible to compete. No exceptions will be allowed. In addition, all registrations must be validated before 19

October 2025. Any registrations that have not been validated by this deadline may be rejected, and those athletes will be ineligible to compete.

National Organizations will receive communications regarding the entry process prior to the start of registration. National Organizations that do not receive these communications should contact the WMA Secretary.

Bib Distribution For WMA participants

The counter will be open at The Royal Plaza hotel on Friday (Dec 5th) and Saturday (Dec 6th) from 10:00AM to 5:00PM for bib collection.

III. PARTICIPATING IN BOTH IAU AND WMA 50 KM WORLD CHAMPIONSHIPS

Athletes who are already entered in the IAU 50 km World Championships as part of a national delegations and who wish to be eligible for placing in the WMA 50 km World Championships must in addition also register as described above on the website no later than 12 October 2025 and pay the applicable fees.

8. TRANSPORTATION PLAN FOR IAU CHAMPIONSHIPS

Travel to and from the airport will be arranged at no extra cost for those staying at the official accommodation for the race and the booking will be made while submitting the FEF. Teams should meet the LOC staff who will be waiting for them at the arrival area of the airport. The return transportation to airport after race will be arranged about 3 hours before the airplane takes off. The transportation schedule will be given out after arrival.

FREE TRANSFER

The LOC will manage the following transportation for the delegations:

- Hotel Start line
- Finish line Hotel

The LOC will organize the transportation for the athletes staying in the official accommodation, from and to the race venue for the competition on the race day: 2-3 hours before start, and 1-1.5 hours after finish. The final schedule will be announced at the technical meeting.

During the race, there will be a shuttle service between the venue and the

accommodation.

For any other local travel participants can use a local taxi that can be arranged by LoC on request. The charges for this will be borne by participants directly.

9. ACCOMMODATION AND MEALS FOR IAU CHAMPIONSHIPS

The LOC will offer full board accommodation, free of charge, for a maximum of 2 male athletes and 2 female athletes per delegation for a specific number of nights:

The duration of the free stay is:

- For 3 nights accommodation: from Lunch of Thursday 5th December until Breakfast on Sunday 8th December.
- For 4 nights accommodation: from Lunch of Wednesday 4th December until Breakfast on Sunday 8th December.

The Royal Plaza

19, Ashoka Road, Connaught Place,

New Delhi-110001 (India)

https://www.hoteltheroyalplaza.com/

Hotel rates per person including breakfast, lunch and dinner.

- SINGLE ROOM 235 USD/ night
- TWIN ROOM 125 USD/ person/night

MEALS:

Everyday breakfast, lunch and dinner are served at hotels

- Breakfast: 6:00 10:00
- Lunch: 13:00 15:00
- Dinner: 19:00 21:00

On race day, breakfast will be served on the course.



Payment Procedure

An accommodation invoice will be sent to each Federation detailing the amount they owe based on their final entries. The Federation are kindly requested to pay the outstanding amount in USD by bank transfer at the latest by 20 October 2025.

*Bank Transfer to the following account:

Axis Bank	
Name	NEB SPORTS ENTERTAINMENT PVT LTD
Branch	RICHMOND ROAD BANGALORE
Account Number	920020066345610
IFSC Code	UTIB0003095
Bank Name	Axis Bank
MICR CODE	560211073
Customer ID	879953195
swift Code	AXISINBB009

Cancellation policy

Any cancellation/no-show in accommodation after 10 October 2025, will be fully (100%) charged to the Federation.

Check-in / Check-out

As you will be shuttled to the accommodation, the LOC will take care of communicating your check-in times as much as possible (subject to availability). For organizing purposes, please inform the LOC well in advance of your travel plans. Check-out time: before 11:00 a.m.

10. SUSTAINABLE DEVELOPMENT IN WORLD CHAMPIONSHIPS

The LOC of IAU 50K World Championship has set out to establish a new model for the world championship, pledging to deliver this more responsible and sustainable event.

The LOC will pledge minimal use of paper and plastic and responsible disposal of event wastage. Participants are requested to use re-usable containers/bottles during the race.

11. TRAVEL GRANTS AND THE USE OF WILDCARDS

An example of Travel Grants in euros for the National Athletics Federations are as follows:

	Α	В	С	Team	
Zone 1	240	180	120	240	>15h flying between the capital of LOC and IAU MF country
Zone 2	192	144	96	192	>9h flying between the capital of LOC and IAU MF country
Zone 3	144	108	72	144	> 4h flying between the capital of LOC and IAU MF country
Zone 4	96	72	48	96	< 4h flying between the capital of LOC and IAU MF country

A B C Men <3h00 <3h10 <3h20 Women <3h30 <3h40 <3h50

TEAM-Grants are paid for maximum one male and one female team, (minimum 3 runners/team). Grants are paid for maximum 3 men and 3 women/country. All these grants are cumulative.

TRAVEL GRANT WILL ONLY BE PAID BY BANK TRANSFER.

The provisional travel grant (PTG) information will be sent by email to the contact named in the PEF two weeks before the race. The provisional travel grant will need to be signed with bank details confirmed and returned to <u>robert.boyce@iau-ultramarathon.org</u>

At the start of the race there will be a last check of the athletes who have started. If athletes who are on the PTG information did not start the amount of TG will be changed.

Use of Wildcards

The introduction of WILDCARDS allows an athlete with 'only' a C level (or less) to be upgraded to a B-level for this MIAUC event. At each MIAUC a maximum of 2 wildcards may be used (1 man and 1 women). WILDCARDS will be automatedly added to the PTG by the IAU.

Travel Grant questions will be scheduled right before the technical meeting.

12. VISA REQUIREMENTS

Any foreign visitor wishing to visit India should have a valid passport. Sports category visa will not be applicable. It is recommended that participants apply for regular tourist visa.

For more detailed information on Visa requirements, please access the following link: https://indianvisaonline.gov.in/

Details of countries whose citizens can get a Visa on Arrival is on following link:

https://www.tourism-of-india.com/tourist-visa-on-arrival-in-india.html

13. ACCREDITATION PROCEDURE

Accreditation badges will be prepared in advance of the event, based of the information provided by the Member Federation in the FEF.

No changes will be accepted after the final entry deadline, except in case of injury, or last minute illness of one of the team members.

Accreditation badges will be handed out on teams` arrival.

Team Leaders WhatsApp Groups

A WhatsApp group including all Member Federations' team leaders will be created, to address instant messages and announcements. Major information of interest for all will be communicated to the teams by the organizing committee via this group.

14. MEDICAL

The safety and welfare of competitors is of paramount importance to the Medical Team.

All the regulations applicable to the medical issue are reflected in the WA MECHANICAL AIDS REGULATIONS book (Approved by WA Council on 10 March 2022 and effective from 25 March 2022).

https://worldathletics.org/about-iaaf/documents/book-of-rules

For safety reasons, upon arrival, the Teams will be asked to sign a Medical Waiver.

Physiotherapy Services

Physiotherapists will be at the competition venue during the race. There will be an open area at the venue for medical treatments. The service time will be announced on site.

Insurance

The LOC provide public liability insurance and medical cover for the race on site. Participating Member Federation are responsible for taking out their own insurance to cover the risk of illness or injury of any member of their team when travelling to and from 2025 IAU 50KM Championships and during the event itself. Please take the necessary steps to fulfil these requirements well in advance.

A person who registers on the website or submits the entry form with the team means that he/she agrees and consents to accept medical treatment from the LOC or their medical personnel in the event that he/she is injured or otherwise becomes ill or incapacitated during the Championships. In the event of any emergency medical treatment or services provided to the person requiring the payment of fees, he/she agrees to pay these fees upon request.

Doping Controls

The Anti-Doping Regulations of the World Anti-Doping Code of the World Anti-Doping Agency will be applied. Post-competition doping controls will be carried out in

accordance with the WA Rules and by the India's National Anti-Doping Association (NADA).

Teams who need a doping control (at their cost about USD\$) for the ratification of a national record have to indicate it in the FEF.

Team leaders might like to keep a copy of athletes' passport for identification if asked by an official or if the athlete of the team is chosen for a doping test.

15. TIMING

NEB Sports has been conducting many running events for more than 5 years over varies distances with some events have over 20,000 competitors. NEB Sports will use two difference timing systems with timing mats place around the course to get the highest accuracy.

The first timing chip is on the back of bib number tags. The second chip should be tied on the shoe or strap to the ankle, and <u>the team leader is responsible for collecting</u> <u>the chips from athletes after the race and returning as a team at the certificate pickup area</u>.

16. WEATHER CONDITION

Athletes need to be prepared for all types of weather conditions and should take into account the possibility of rain.

ecember ~	2025 ~					DAILY
S	м	т	w	т	F	S
30	1	2	3	4	5	6
Hist. Avg. 25°	Hist. Avg. 25°	Hist. Avg. 25°	Hist. Avg. 25°	Hist. Avg. 25°	Hist. Avg. 24°	Hist. Avg. 24°
9°	9°	9°	8°	8°	8°	8°
7	8	9	10	11	12	13
Hist. Avg. 24°	Hist. Avg. 24°					
8°	8°	8°	8°	2 °	8°	7°

Average weather conditions predicted:

17. IMPORTANT TIMES AND DATES

Technical Meeting

Saturday, Dec 6th between 14:00 – 15:00, Royal Plaza Hotel

The Meeting will be conducted in English. Each Team may be represented by a maximum of two people. Any inquiries concerning the technical conduct of the Championships must be made in English to the LOC via following link latest by 09:00 on the day of the meeting. These questions will be answered at the meeting.

Outfit meeting and Travel Grant Confirmation

Friday, Dec 6th between 15:00 - 16:00, The Chancery Pavilion. Team leaders/managers to present their national uniforms and to confirm the athletes who are competing and be ranked. The bibs and the chips will be distributed at the meeting.

Press Conference

Dec 6th 11:00-12:00, Royal Plaza Hotel

Opening Ceremony

Dec 6th between 17:00 – 20:00, Royal Plaza Hotel.

The Meeting point for all teams is at 16.30 at the Royal Plaza Hotel Lobby. We ask you to be on time as we have a tight protocol for the opening ceremony. The opening ceremony will present all the federations with their flags and all federations are expected to participate in the opening ceremony and to wear their federation official team clothing.

Awards and Closing Ceremony

Sunday 07 December 14.00-15.30 Royal Plaza Hotel.

18. GENERAL TIME SCHEDULE

This is the proposed timetable. The confirmed and final timetable will be handed out upon arrival.

Thursday 4 th December	All day	Arrival of the teams
Friday 5 th December	All day	Arrival of the teams
	11:00 – 12:00	Press Conference
	14:00 – 15:00	Technical Meeting
Saturday 6 th December	15:00 – 16:00	Outfit meeting
	17:00	Start of the Opening ceremony
	19:00 – 20:00	Pasta Dinner
	04:00	Start of IAU 50KM World Championship and WMA 50 km World Championships
Sunday 7 th December	10:00	Finish of the World Championships
	14:00 – 15:30	Awards and Closing Ceremony
Monday 8 th December	All day	Departure of the teams

We look forward to having you over in India!